

ON THE

SHOULDERS

WORCESTER, MA



OF GIANTS

FOUNDED 1952



Greetings!

THIS YEAR WILL BE A YEAR OF CHANGE !!!! Change can be good or bad based on your perspective. A definition of perspective "a particular attitude toward or way of regarding something; a point of view." The greatest way to deal with change and perspective is to have an open mind and be able to listen to both sides of the issues. The Retired Friends Club of Greendale is a great way to talk about CHANGE at the weekly meeting over coffee and donuts.

THE JOKES OF THE MONTH ARE:

*90% of bald people still own a comb;
they just can't part with it.*

*Horses have lower divorce rates.
It's because they are in stable relationships.*

*I thought swimming with dolphins was expensive
until I went swimming with sharks ...
It cost me an arm and leg.*

On the subject of winter, as a reminder to all, the club's weekly meetings will not take place whenever Worcester Public Schools are delayed or cancelled.

Please feel free to contact me by email at bvhester13@gmail.com or by phone 978-618-5422 with any issues.

— JIM HESTER, *President*

Special Programming Note: Due to school vacation we will be holding our **February 21st meeting** at the **Worcester Senior Center**. It is always a nice change of pace that will surely draw a good crowd. Check out the details in the programs section.

57th
Ladies'
Day

LUNCHEON

SAVE THE DATE
May 14th, 2024

for an afternoon of great food with music for you dancing and listening pleasure at a great new venue for us, The Riverview in Hudson. Tickets go on sale soon so check your e-mail and March newsletter for details to follow.

—RALPH SHAPIRO, *Chair*
(413) 537-2435 ralphvshapiro@msn.com

Check out this great line-up of Programs !

We invite our members, friends, and spouse to be our guests at ALL of these great programs held at the Greendale YMCA. Come at 8AM for Coffee & Donuts. Meeting begins at 9AM with our Color Guard followed by our Chorus and the Program. — If you are not a member yet, we invite you to come to one of our meetings as our guest to see what it's like.

Feb 7

What it takes to become a CRUSADER

Holy Cross Athletic Director, **Christopher 'Kit' Hughes**, will discuss what HC students must go through to become sports athletes and the keys to Student-Athlete success in the modern NCAA. Should be very interesting.



Feb 14

What part did Shrewsbury play in the Underground Railroad?

Author and local historian, **Carol Baker**, is an authority on runaway slaves and their northward trek towards freedom. She will share some fascinating information about the Underground Railroad system and the secret communication used to help those who were unable to read and write as well as an interesting local connection.



Feb 21

John Riley – Irish Music & More

John W. Riley has been playing guitar and singing songs for over 30 years in many of the local pubs and restaurants in the Worcester area. We are in for a treat as he entertains us with a variety of crowd pleasing songs including some great Irish music!



THIS PROGRAM WILL BE AT THE
Worcester Senior Center, 128 Providence St., Worcester

continued on page 2

More Upcoming Programs (continued)

Feb 28 **The Denholms Story**

Worcester Historical Museum Exhibits Coordinator, **Vanessa Bumpus**, has appeared on Chronicle giving viewers a nostalgic romp through the hay day of Worcester's premiere department store Denholm's. She will share views and stories about the shopper's experiences from the fifties, sixties until it's closing in the seventies. It is sure to bring back fond memories for all.



Mar 6 **Downsizing / Rightsizing**

Jennifer Baker is certified senior move manager and the owner and founder of RightSized Living. Jennifer will talk about the process of downsizing if and when the need arises and Rightsizing, the process of de-cluttering your current living situation. Do we really need everything in our closets and living spaces.



Chorus Group Activities Schedule

Our choral group will sing on meeting days, following practice. If you'd like to attend one or more of the following outside programs, call ahead to check space availability.

Feb 7 Wed.	1:00 p.m.	Upsala Elderly Apartments 36 Upsala St., Worcester (508-210-9030)
Feb 14 Wed.	1:00 p.m.	Mount Carmel Apartments 50 Shrewsbury St., Worcester (508-210-9030)
Feb 21 Wed.	9:00 a.m.	CLUB MEETS AT Worcester Senior Ctr. 128 Providence St., Worcester
Feb 28 Wed.	1:30 p.m.	North Brook Village (#2-R) 135 Pleasant St., Berlin (978-415-0577)

Is there room for more in the chorus?

Of course. Just speak up to a singer at a meeting or show-up at a Wednesday, 7:30 rehearsal. The more the merrier!

Deceased Members

KENNETH L. BEJUNE
BERNARD GARDNER
GEORGE LACROIX
JOHN LATINO
JAMES MAHAN

MICHAEL A. MAZZONE
JOSEPH A. MCCONVILLE
FRANK E. MILLER
JOHN T. REYNOLDS
ROBERT A. TROTTIER

Highlights from Another Great RFCG Adventure

ROME & MEDITERRANEAN CRUISE

On October 10, 2023, 54 RFCG passengers departed on a tour of Rome and the Greek Islands. We spent the first two days touring Ancient Rome, the Colosseum, the Vatican (with Sistine Chapel and St. Peter's Cathedral) and much more. On our third day we boarded our ship (the Norwegian Breakaway) for a 10-night cruise. The ship provided great food and entertainment. Some of our stops included the Greek Islands as well as Piraeus, Greece, the port of Athens, Santorini, Mykonos, Olympia, and Malta and back to Italy for other ports. The memories and friendships along the way is what makes traveling with RFCG a great experience.

— George Barry, Trip Leader



Time to Sign up for Golf And Women are Welcome to Join!



Believe it or not, it's time to think about golf. The Friends Club golf at **Green Hill** is taking applications. This league is unique in that every week you and your assigned partner have a match with a separate, handicapped scorecard. The entire group gets their match results that day and their league standing a couple of days later. You always know where you stand. All this for an application fee of \$25. Green fees are \$32 for 9 holes with a cart. We all tee off at 7:30 Tuesday morning. To sign up, call or write **John Kelly**, 77 Glenwood St, Holden, MA 01520. My cell is 860-798-6272. Returning members have priority.

Green Hill

Green Hill Park
Worcester

Match Play
Tuesdays @ 7:30am

John Kelly
(860) 798-6272



Craig Richards again is heading up the **Pine Ridge** league. Golfers are assigned teams by handicap and may play

any day of the week Monday through Friday. Tentative starting date is April 17, weather permitting.

Greens fees are \$45 for 18 holes riding, \$34 for nine holes riding, \$30 for 18 holes walking and \$24 for nine holes walking. Craig may be contacted at 508-842-8814 or you can call assistant coordinator Artie Goulet at 508-853-2601. You can also sign-up at any of our Wednesday club meetings.

Pine Ridge

28 Pleasant Street
North Oxford

Starts April 17
(weather permitting)
Monday thru Friday

Craig Richards
(508) 842-8814
Artie Goulet
(508) 853-2601



Dick Whipple and **Rick Wheeler** are hosts to a 9-hole, four-man scramble format league at **Quail Hollow**. Players can play an additional 9 holes if they wish to. Quail

Hollow is providing discounted rates to our players for either 9 or 18 holes. Tee Times will be assigned for Mondays. There is no advance registration fee. Players interested in playing each week are asked to contact Dick or Rick by Saturdays to get them adequate tee times. Starting date is April 22nd, weather permitting.

Dick may be contacted at whippees@verizon.net or (978) 355-4842.
Rick may be contacted at wheel1125@aol.com or (508) 864-1083.

Quail Hollow

1822 Old Turnpike Rd.
Oakham, MA

Starts April 22
(weather permitting)
Mondays @ 9:00am

Dick Whipple
(978) 355-4842
Rick Wheeler
(508) 864-0183

Scenes from our Special Celebration

On Wednesday, January 3rd, 2024 we celebrated a major milestone marking our name changing to the **Retired Friends Club of Greendale** and the welcoming of women to join as full-fledged members. The event was very well attended including Mayor Joe Petty and State Senator Robyn Kennedy. We even got a big splash in the T&G and a segment on Channel 1. We look forward to many more milestones in the future for this great club.



Participation in the Retired Friends Club of Greendale Golf and Bowling Leagues is for members who have paid their annual club dues (\$10) or are Life Members. If you paid your dues anytime after May 1, 2023, you are good through August 31, 2024. If you have not gotten around to sending in your renewal dues yet or if you would like to join as a new member, please see the Remittance Form on the back page.

— PHOTOS BY BEVERLY HESTER & George Barry

Breakthrough on the Lanes

History was made on Sept. 26, 2023. With two purposeful strides and a free-flowing follow-through, **Pamela Masshardt** became the first and only woman to participate in the Retired Friends Club of Greendale Tuesday morning bowling league.

For a year or so, Pam sat at a table in the rear of Bayberry Lanes in Spencer as a spectator watching her husband Carl compete with other men. Occasionally she would go off to the side and bowl a string or two. Now, after the transition from a men's club to one that also has female members, she is the leadoff bowler on a team captained by leading bowler Joe Dooley II. And though she doesn't anticipate becoming the next Stasia Czernicki, a bowling legend, Pam's team is in first place as this article is being written and she's having a good time.

"I don't see it as a man or woman thing. I'm among friends. I know the people here and I don't have to be so great and still be encouraged," Pam said. She emphasized that this is a handicapped league so the team benefits each time she does better than expected.

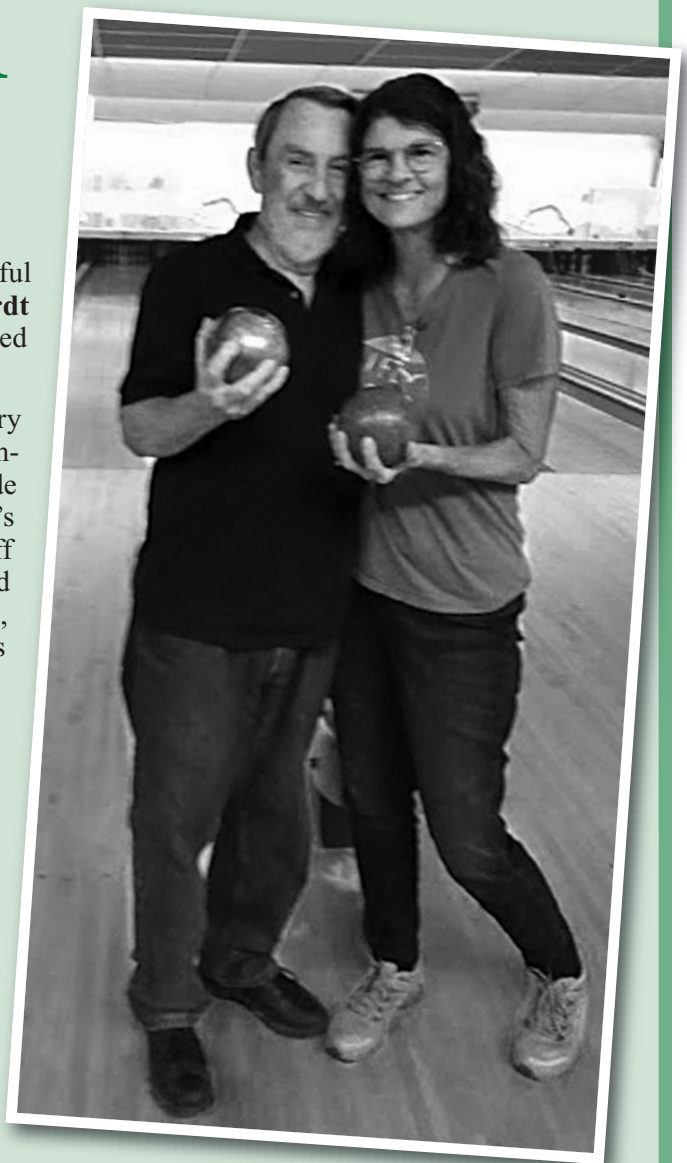
Pam has seen her average going up each week and you can hear the intensity in her voice as she cheers on her teammates.

Perhaps her belief in herself is strengthened by her faith. Pam lost 75 pounds following the 12-step philosophy of Alcoholics Anonymous to overcome a food addiction. She has transformed her diet and belief in God to the next level by leading a ministry online. Her website is fulloffaith.com and she has as many as 50 people conversing with her via ZOOM video conferencing, Facebook groups and one to one communication as they discuss the Christian 12-step road to recovery from food addiction. While AA uses the Serenity Prayer and refers to a Higher Power, Pam uses the Serenity Prayer, Bible and freely talks about God in the recovery program she started in 2000.

She wrote a book called Sweet Surrender in 2013 and gave testimony about how she overcame her food addiction and the way she lives her life. That includes the elimination of sugar, flour, sweeteners and trigger foods as part of a disciplined way of eating. In turn she is passing on her experience to help others with lifestyle changes as they deal with food addiction problems.



Religion runs deep in the Masshardt family. They have two sons, both living in Pennsylvania, and six grandchildren. Pam makes sure to visit them once a month. Dan is a pastor at Fairview Bethel Church of God and Joe is the chief financial manager for a worldwide ministry.



Carl and Pam Masshardt

Carl and Pam have been married for 44 years. They met while working in a Thom McAn distribution center in Auburn and bowled on the same team for one year. Perhaps that's why they insisted on being placed on opposing teams so that they would not bring home their individual disappointments of the day.

Both are very competitive. Carl is among the top 10 bowlers in the Tuesday morning league at Bayberry while Pam is striving to improve and is learning from her teammates who include the seasoned veteran Dennis Laporte and rookie George Calimeris. Pam said she is happy she joined the league and is having a lot of fun.

—SUBMITTED BY JIM CONNOLLY

Covid-19 Vaccination Policy

The requirement for providing your trip leader a completed copy of your Covid-19 Vaccination Card showing at least one booster shot was lifted for all trips **ONLY** within the United States, Canada and Mexico, ***originating after May 1, 2023.*** There are still many International destinations that have special entry requirements including, but not limited to, proof of vaccination and PCR testing. Your Trip Leader will provide you individual International country requirements on a trip by trip basis. Thank you for your cooperation in providing us your information during the past two years.

* Symbols, represent
NEW TRIPS this month.

Visit our website rfcg.info for detailed flyers on most of our trips.

Day & Overnight Trips For The Years 2024–2025

DAY TRIPS

DESTINATION	DATES	F/SALE	PRICE	LEADER(S)	TELEPHONE
St. Patrick's Luncheon and Show - <i>Aqua Turf</i>	3/12/24	Wait List	\$111	Dick Pinkes	508-769-2913
Daniel Webster Inn - <i>With the Heritage Museum & Gardens</i>	5/21/24	NOW	\$126	George Barry	508-799-0739
* Newport Playhouse - <i>The Cemetery Club</i>	6/13/24	NOW	\$128	Dick Pinkes	508-769-2913
* Friesians of Majesty and Yankee Candle	7/10/24	NOW	\$141	Dick Pinkes	508-769-2913
* Newport Playhouse - <i>Nunsense: The Musical</i>	7/17/24	NOW	\$128	Rick Ferguson	508-688-4427
* Lake Sunapee Luncheon Cruise	8/8/24	NOW	\$127	Dick Pinkes	508-769-2913
The Legends Live - <i>The Songs you Love - Aqua Turf</i>	8/13/24	NOW	\$122	George Barry	508-799-0739
* American Bandstand Tribute - <i>Luncheon & Show - Aqua Turf</i>	10/8/24	NOW	\$119	Dick Pinkes	508-769-2913
* N.H. Turkey Train	10/17/24	NOW	\$115	Dick Pinkes	508-769-2913
* Holiday Classics with the Cartells - <i>Aqua Turf</i>	12/10/24	NOW	\$122	George Barry	508-799-0739

OVERNIGHT TRIPS

Savannah Southern Charm – <i>with Historic Charleston</i>	4/13-20/24	NOW	\$2,745	George Barry	508-799-0739
Canyons and Casinos	5/13-19/24	NOW	\$2,939	Dick Pinkes	508-769-2913
Upper Mississippi River – <i>Minnesota to St. Louis</i>	7/14-23/24	NOW	\$3,389 / 5,889	George Barry	508-799-0739
Poconos Escape	7/22-25/24	Wait List	\$1,079	Dick Pinkes	508-769-2913
Saratoga and Lake George	8/14-15/24	NOW	\$609	Ralph Shapiro	413-537-2435
Hudson Valley Balloon Festival – <i>With Cruise on Hudson River</i>	8/31-9/2/24	NOW	\$690	George Barry	508-799-0739
Red Rocks of Sedona	9/15-20/24	Wait List	\$2,809	Dick Shea	508-853-2024
Great Smoky Mountains – <i>with Gatlinburg & Asheville</i>	9/24-10/2/24	NOW	\$3,048	Dick Pinkes	508-769-2913
Impressions of Italy – <i>The Amalfi Coast & Tuscany</i>	10/19-11/3/24	NOW	\$5,095	Rick Ferguson	508-688-4427
Romance of the Rhine & Mosel River	11/7-24/24	NOW	\$4,295 / 4,895	Ralph Shapiro	413-537-2435
Exotic Repositioning Caribbean Cruise – <i>Tampa to Boston</i>	3/28-4/11/25	NOW	\$2,837 / 4,243	Dick Pinkes	508-769-2913
Newfoundland, Greenland & Iceland Cruise	7/12-27/25	NOW	\$4,849 / 6,189	Dick Shea	508-853-2024

All prices quoted are per person (Double Occupancy) - Refunds will be made per printed club policy. The first sale date was originated to make it possible for all members to have an equal chance to get in on any and all trips. Detailed trip flyers are available at Wednesday meetings (or by telephone) from the designated trip leaders.

Trip Descriptions

NEWPORT PLAYHOUSE — THE CEMETERY CLUB

NEW

June 13, 2024 (Thursday) \$128 pp

Highlights: We are off to Newport, RI for a driving tour of Ocean Drive and the mansions along Bellevue Avenue. Then it's off to the Newport Playhouse for their all you can eat buffet including coffee/tea and dessert followed by another hilarious comedy play in their theater - ***The Cemetery Club***. Three Jewish Widows Ida, Doris and Lucille meet once a month for tea before going to visit their husband's graves. When Sam the butcher meets the widows while visiting his wife's grave Doris and Lucille attempt to h the budding romance between Sam and Ida. Spicy stand-up comedy routines provide a hilarious running comedy throughout this wickedly funny performance. But wait, there's more. We now return to our seats in the dining room where our pre-selected after show beverage awaits us while we enjoy a funny comedy cabaret to end our day at the Newport Playhouse. / **Parking:** Immaculate Conception Church / **Trip Leader:** Dick Pinkes / 508-769-2913 / rjpinkes1@verizon.net

More Trip Descriptions

FRIESIANS OF MAJESTY AND YANKEE CANDLE **NEW**

July 10, 2024 (Wednesday) \$141 pp

Highlights: Prepare for a Unique Vermont Experience – A Friesians of Majesty equestrian tour and performance. We'll interact with beautiful, majestic horses in a guided tour of the European style barns. We'll see a captivating show as dressage freestyle is exhibited. On our way to Vermont our first stop will be at Yankee Candle Village followed by a luncheon at the Bella Notte Italian Restaurant located at the Brattleboro Country Club. You'll have a choice of 3 entrees including Spaghetti Bolognese, Chicken Parm or Chicken Picatta all served with a salad, rolls and butter, dessert and coffee/tea/soda. Now it's off to the spectacular equestrian performance. This is truly a great location, meal and show. Sign up early as this is a new trip for the club. There will only be one bus for this event.

Parking: Immaculate Conception Church

Trip Leader: Dick Pinkes 508-769-2913
rjpinkes1@verizon.net

NEWPORT PLAYHOUSE – NUNSENSE: THE MUSICAL **NEW**

July 17, 2024 (Wednesday) \$128 pp

Highlights: We are off to Newport, RI for a driving tour of Ocean Drive and the mansions along Bellevue Avenue. Then it's off to the Newport Playhouse for their all you can eat buffet with coffee/tea and dessert followed by a hilarious musical comedy – *Nunsense*. A hilarious spoof about the misadventures of five nuns trying to manage a fundraiser. When the rest of the sisterhood die unexpectedly the remaining nuns stage a talent show to raise money to bury their deadly departed. With catchy songs and irreverent comedy, Nunsense is sure to keep you rolling with laughter! But wait, there's more. We now return to our seats in the dining room where our pre-selected after show beverage awaits us while we enjoy a funny comedy cabaret to end our day at the Newport Playhouse.

Parking: Immaculate Conception Church Lot

Trip Leader: Rick Ferguson 508-688-4427
rwwfergy@icloud.com

LAKE SUNAPEE LUNCHEON CRUISE **NEW**

August 8, 2024 (Thursday) \$127 pp

Highlights: Our destination today is Lake Sunapee where we will delight in a two-hour luncheon cruise through the crystal-clear waters of this mountain lake, Lake Sunapee is a glacial lake that became a popular vacation destination following the extension of the B&M Railroad. Our vessel today will be the M.V. Sunapee Lake Queen. Our captain will fill us in on the history of the lake and point out special landmarks as we take in the natural beauty in the shadows of Mt. Kearsarge and Mt. Sunapee. Our luncheon buffet includes: Salad Bar, Dinner Rolls, Herb-stuffed Chicken Breast, Vegetarian Lasagna, Roasted Vegetables, Scalloped Potatoes, Dessert and Soft Drinks. Before returning home, we'll stop at the Vermont Country Store, situated on 86 beautiful acres and stocked to the rafters with thousands of practical and hard-to-find goods. This is truly a great location, and a great meal and cruise. This is a new trip for the club and there will only be one bus for this event.

Parking: Immaculate Conception Church

Trip Leader: Dick Pinkes 508-769-2913
rjpinkes1@verizon.net

AMERICAN BANDSTAND TRIBUTE — AQUA TURF **NEW**

October 8, 2024 (Tuesday) \$119 pp

Highlights: We'll be paying Tribute to Dick Clark's American Bandstand at the Aqua Turf Club. We'll first enjoy a complimentary tray of donuts and coffee on arrival. This will be followed by a delicious luncheon served family style – includes a fresh green salad, Lemon Chicken and Pork Schnitzel potatoes and vegetables (all served family style). A Complimentary glass of beer or wine and desert, Coffee, Tea and Decaf are also included. This will all be followed by a fantastic show featuring Dave Colucci and Donna Lee DePrille as they pay tribute to Dick Clark's legendary TV show! It will feature songs from Frankie Avalon, Bobby Darin, the Everly Brothers, Dion & The Belmont, Connie Francis, Leslie Gore and MORE! Join your friends for a wonderful combination of great cuisine and entertainment. One more thing, they provide a free raffle for some great prizes. This is truly a great location, meal and show. Sign up early as this will surely sell out fast. There will only be one bus for this event.

Parking: Immaculate Conception Church

Trip Leader: Dick Pinkes 508-769-2913
rjpinkes1@verizon.net

NEW HAMPSHIRE TURKEY TRAIN **NEW**

October 17, 2024 (Thursday) \$115 pp

Highlights: Join us as we travel North to scenic NH. Sit back and enjoy the changing colors signaling nature's change of seasons. We'll make a stop at the Long View Country Store in Meredith. This store has been in existence for decades and provides a unique, old country store, experience. Now it's off to the train. On your arrival at the station, it's **All Aboard** your scenic dining car for your train ride, traveling along the lake shore through the scenic woodsy setting. You'll also be served a delicious full course luncheon (included) featuring Hart's Turkey Farm Roast Turkey with whipped potatoes, butternut squash, a beverage and an ice cream sundae for dessert, **YUM** ... After our train returns, you'll board your motor coach for additional sightseeing and a stop at the Kellerhause gift shop. We'll also make a rest stop on way home at the NH State Liquor Store. Sign up early as this sells out fast.

Parking: Immaculate Conception Church

Trip Leader: Dick Pinkes 508-769-2913
rjpinkes1@verizon.net

HOLIDAY CLASSICS WITH THE CARTELLS **NEW**

Dec. 10, 2024 (Tuesday) \$122 pp

Highlights: Join us as we travel by fully equipped Luxury Motor Coach to the Aqua Turf Club in Plantsville, CT. Upon arrival, you will receive a complementary coffee and donut. Door prizes will be raffled. We know you will enjoy an afternoon filled with food, fun and music designed to get you in the Holiday Spirit! The Cartells have built a reputation for being the band of choice for concerts, nightclubs, & private functions of all kinds, and is one of the most popular bands in Connecticut. The Aqua Turf's family style luncheon includes fresh green salad, Roasted Turkey and Baked Cod, with vegetables, rolls and butter. Enjoy a complimentary glass of wine or beer as well as coffee/tea and desert. Tell your friends about this great afternoon event. You'll return home around 5:30 pm after a fun filled day.

Parking: Immaculate Conception Church

Trip Leader: George Barry 508-799-0739
george.barry77@yahoo.com

We Invite You to Attend the Following Informative Trip Presentations

Thurs, Feb. 22, 2024 - 1:00 PM

at Immaculate Conception Church

353 Grove Street, Worcester (Parking in back)
(The parish hall is in the basement of the church.)

Snow Date: Thursday 2/29/24 at 1 PM, same place

Hudson Valley Balloon Festival

Aug 31 - Sept 2, 2024 - \$690 PP/DO

Join us as we travel by motor coach to the beautiful Hudson River Valley in NY to attend one of the region's longest running Balloon Festivals. Our first stop will be at Cold Springs, NY, where we will enjoy a luncheon at the Historic Hudson River House Inn. We will continue on to Poughkeepsie and check into our hotel and then to the festival nearby to see the first launching. On the grounds of the festival there are vendors, artists, music entertainment and plenty of stands serving all types of food, beer and wine. Enjoy the evening Moonglow launching along with fireworks. On day 2, we are up early to head back to the festival to see the early morning launch of over 75 Balloons. Enjoy a coffee and snack as the balloons take off before we return to the hotel for a hot breakfast buffet. We then depart for nearby Kingston and a narrated Hudson River Cruise with a box lunch, wine and other beverages. We return to the hotel to freshen up, then back to the festival to see the late afternoon launching and free time on the grounds with dinner on own followed by the Moonglow launch and fireworks. On day 3, (another early rising day) the bus will take us for the 6:30 AM 'Ascension of the Balloons' with over 75 balloons. We then return to the hotel for a full breakfast and check-out. On our way home and visit the newly expanded FDR Museum (with lunch on own) at the museum's cafeteria. ***Includes All Gratuities!***



In order to prepare for this event please contact George Barry at (508) 799-0739 or george.barry77@yahoo.com to let him know that you plan to attend this presentation.

Thurs, Feb. 22, 2024 - 2:30 PM

at Immaculate Conception Church

353 Grove Street, Worcester (Parking in back)
(The parish hall is in the basement of the church.)

Snow Date: Thursday 2/29/24 at 2:30 PM, same place

Saratoga and Lake George

Aug 14 - 15, 2024 - \$609 PP/DO

Please come to this presentation to learn all about this delightful 2-day tour featuring Saratoga Springs, Lake George and Glens Falls, NY. The trip will begin with guided



tour of Saratoga Springs. Our knowledgeable guide will point out all the famous sights. We then head to our hotel for the evening, the elegant Queensbury Hotel, located in nearby Glens Falls. Enjoy a Welcome Reception before departing the hotel for Lake George, where we board the Lac du St. Sacrament for a twilight dinner cruise. This 2 1/2 hour dinner cruise, on one of America's most scenic lakes, is a great way to begin our New York Adirondack adventure. On day 2, after breakfast, we travel to Saratoga for a free morning in the trendy shops along Main Street. Each summer Saratoga becomes The Racing Capital of the East, and today we have Reserved Grandstand seats at Saratoga Race-Course. Saratoga is one of the most famous race-tracks in the nation, only the top thoroughbreds' race here. Win... Place... or Show.... Place a bet and be part of the action. How can you lose having this much fun? Following an afternoon of exciting thoroughbred racing we head for home, with an approximate return time of 7:30pm.

Please contact Trip Leader Ralph Shapiro to reserve a spot if you plan to attend this presentation or for more info. (413) 537-2435 or ralphvshapiro@msn.com

More Trip Descriptions

Impressions of Italy

October 19 to November 3, 2024 \$5,095 pp/do

Highlights: This 14 day Grand Circle tour of Italy takes us from the Amalfi Coast, twisting along the sapphire Mediterranean to the pastoral landscapes of Tuscany. We discover the varied delights of Italy as we seek out the art and architectural wonders of the Middle Ages, Renaissance, and the Ancient World. On this trip you will experience the history, culture, food, and music of these areas of Italy: along with many surprises that Grand Circle is known for.

Trip Leader: Rick Ferguson 508-688-4427
rwfergy@icloud.com

**The Retired Friends Club
of Greendale, Inc.**
Greendale Y. M. C. A.
75 Shore Drive
Worcester, MA 01605

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Permit No. 46

Check out our NEW Website: rfcg.info

TUESDAY Bowling League – Standings (as of Jan. 16, 2024)

BAYBERRY LANES 326 Main Street, Spencer
Coordinators: **Jim Connolly, Bob Converse, Dave Meyers** woostatown28@charter.net

Place	Team	Captain & Team Member
1	#12	Rollie Laflash , Bob Converse, Felix Piscitelli, George Anusauskas
2	#1	Bill Plante , Jim Hester, Dennis O'Malley, Tony Neggers
TIE 2	#6	Frank Visci , George Frascolla, Warren Leach, Bernie McMenemy
2	#8	Don Fair , Art Douglas, Mike Grasseschi, Dave Catallozzi
HA	Joe Dooley II 99, Dave Meyers 93, Bill Plante 92	
HIT	Joe Dooley II 353, Dennis Laporte & Dave Meyers 312	
HIS	Joe Dooley II 137, Jim Connolly 123, Dave Meyers 120	

THURSDAY Bowling League – Standings (as of Jan. 25, 2024)

BAYBERRY LANES 326 Main Street, Spencer
Coordinator: **Peter Morse** morsepd5@aol.com

Place	Team	Captain & Team Member
1	#5 31-17	Carl Masshardt , Paul Duquette, Jim Hester, Peter Morse
2	#6 30-18	Don Fair , Marty Polito, Jerry Stanley, Shawn Dyer
3	#4 28-20	Dave Meyers , Tony Neggers, Bob White Bob Donahue
HA	Joe Dooley II 95.5, Dave Meyers 93.7, Evan Plante 92.5, Jim Roy 90.8	
HIT	Evan Plante 332, Joe Dooley II 310, Shawn Dyer 306, Dave Meyers 304	
HIS	Evan Plante 130, Peter Morse 122, Ken Miller 120, Chris Mudd 119	

RFCG Remittance Form for New Members, Renewals & Life Members

Dues For NEW Members (Men & Women - Age 55 & Over)

- ☐ **ANNUAL** = \$10/yr
or
☐ **FOR LIFE** = \$100/life-membership
- Pay at any meeting.
 - If not possible, mail form and check to:
RFCG
YMCA - 75 Shore Drive
Worcester MA 01605

The monthly Newsletter is included in dues.

RENEWAL Dues (For Current Members)

- ☐ **ANNUAL** = \$10/yr
or
☐ **FOR LIFE** = \$100/life-membership
- Pay at any meeting.
 - If not possible, mail form, check and a
**pre-addressed postage-paid envelope
AND prior Year's Membership Card**
to: RFCG
YMCA - 75 Shore Drive
Worcester MA 01605

PLEASE SUBMIT FOLLOWING INFORMATION

NAME _____
ADDRESS _____
CITY - STATE - ZIP _____
TELEPHONE _____
EMAIL _____
DATE OF BIRTH _____
RETIRED FROM _____
OCCUPATION _____ VETERAN ☐
REFERRED BY _____

If you know of any member who is ill, or has moved, please contact the club secretary, Carol Bethoney at (508) 243-1204 or email cbitaly2@gmail.com

Time to Sign up for Summer Bowling



Summer Bowling Starts April 9

★★★ Women Bowlers Welcome ★★★

Summer Bowling starts at 9:30 a.m. April 9 at Bayberry Lanes in Spencer, a 20-minute drive from Worcester. Registration costs \$25 and weekly bowling fees are \$18, \$10 for the lanes and \$8 toward season-ending prizes. The summer season runs 26 weeks.

New bowlers are given an 85 average for the first week. After that whatever average they rolled in their first three games will be their established average. The leagues use full handicaps so it doesn't matter what your average is. It all works out with the handicap system.

You must be a member to participate*. If you're looking for a fun day out and some friendly competition, here is who to contact:

Summer Tuesday Morning League

Jim Connolly: 508-753-5737
woostatown28@charter.net

**Participation in the Retired Friends Club of Greendale Bowling and Golf Leagues is for members who have paid their annual club dues (\$10) or are Life Members. If you paid your dues anytime after May 1, 2023, you are good through August 31, 2024. If you have not gotten around to sending in your renewal dues yet or if you would like to join as a new member, please see the Remittance Form below.*



NOTE: Women who were Newsletter Subscribers, for the 2023-2024 club year, are automatically enrolled as members now and will be receiving membership cards in the mail soon.

Thank you for your patience.

New or Current members paying after May 1st will be considered paid-up for the next fiscal year which starts on September 1st and ends August 31st.