

ON THE

# SHOULDERS

WORCESTER, MA



# OF GIANTS

FOUNDED 1952



## Greetings!

*“For everything there is a season, and a time for every matter under heaven: a time to be born, and a time to die;...”*

—ECCLESIASTES 3:1-8

At this moment our club is saddened as we mourn the loss of our President Tom Cullinane. It was Tom who guided our entire leadership. I am at once humbled and honored to be part of the leadership team that Tom mentored.

It was Tom who brought reason and direction with his calm and focused demeanor.

It was Tom who instilled confidence within us.

It was Tom who brought us out of the doldrums with his wit and subtle, yet powerful, humor.

It was Tom who brought us all smiles as we joined him in singing the “Cullinane” song.

It was Tom who guided me as a mentor and teacher to serve our club and our membership.

Tom is one of those Giants who lifted the Retired Friends Club of Greendale on his shoulders. He was a man of dignity, of highest character and strong faith. He was a graduate of the College of the Holy Cross, and a proud US Army veteran. Tom and his wife, Gale, led many trips throughout the world, always serving our members with excellence and kindness.

On behalf of our entire membership, we extend our deepest sympathy to Gale and Tom’s family.

As we enter November we honor and recognize all veterans. We also anticipate the feasts of Thanksgiving with families and friends. Our programs on Wednesday mornings are certain to be exciting and great fun. I encourage you to come in and bring someone with you. Stop by and introduce yourselves to me. Tom would have it no other way.

— RICK FERGUSON, 1st Vice President

For the rest of this 2023-2024 club year, former president, **Jim Hester** has graciously agreed to fill the seat of **Acting President**. This will afford the other officers the necessary time to learn and perform their important rolls while we as a team navigate the final stages of the process of incorporating women members in the months to come.

— Thanks for serving again Jim

## Check out this great line-up of Programs !

*We invite our members, our female friends, spouses, and newsletter subscribers to be our guests at ALL of these great programs held at the Greendale YMCA.*

*Come at 8AM for Coffee & Donuts. Meeting begins at 9AM with our Color Guard followed by the program. — If you are not a member yet, we invite you to come to one of our meetings as our guest to see what it’s like.*

### Nov 1 The King of Rock ‘n’ Roll



**Mike Slater** is a top booked Elvis Impersonator and has been called upon to sing throughout New England! We will be returned to the days of our youth when the “King” changed the course of music history! You’ll be sure to have a fabulous time listening to “Elvis,” and singing along!

### Nov 8 A Vet’s story - “If I ever get home alive ...”

A combat Marine in Vietnam, **Peter Tokarz**, has led an extraordinary life with a fifty year career of federal and state aviation. During a ferocious attack by the North Vietnamese forces he witnessed several other Marines become casualties. A fighter pilot repulsed the enemy until he was shot down. The pilot parachuted to safety. Feeling thankful for the aerial help his battalion received, Tokarz made a lifelong promise to learn how to fly. He has flown all over the world keeping his commitment for 50 years!



### Nov 15 Thanksgiving Concert



Please join us for the annual Thanksgiving musical presentation by the **RFCG Chorus** under the direction of **Lee Bartlett**.



### Nov 22 NO MEETING - Thanksgiving Break

continued on page 2

## More Upcoming Programs (continued)

Nov 29

### Meet State Senator Born & Raised in Worcester



**Robyn Kennedy** is Worcester's newest State Senator. She started the job in January 2023 and got elected on the platform that she "understands that community work is about responding to individual residents and pushing for policy that uplifts everyone in our community."

Here is your chance to get acquainted and express your concerns to someone who can fight for you.

### Dec 6 A Day that Will Live in Infamy

**Jim Gallagher** will discuss the reasoning for the Japanese to attack Pearl Harbor, the planning involved, the attack itself in the Hawaii Islands at Pearl Harbor, the material and human casualties inflicted and finally, a Road to Victory by the American Allies through the Pacific islands on route to the Japanese surrender in August 1945.



Also, the RFCG Chorus will present their annual Christmas Show Musical program.

## 2023 Friends Christmas Party

Our annual Friends Christmas Party (open to men & women this year) will be held on **Wed., December 13th** at 10 a.m. It will feature a fantastic luncheon prepared by Blanchard Catering and served at the YMCA. We also have Great Speakers, Holiday Music and Attendance Prizes.



Come early, have coffee and mingle before the program and meal. Remember this event goes on rain, snow or shine. The \$5.00 per member tickets are on sale at our weekly meetings starting 10/18/23. **See Al Monfreda or Rick Ferguson at a weekly meeting, or call Al at (508) 757-2601.**

### **Special Announcement!**

Due to a change in the YMCA schedule we will need to setup for the Friends Christmas Party at **7:00 A.M.** on the day of the party, **Wed, Dec 13, 2023. Volunteers are welcome.**

## Deceased Members

NANCY GENESE  
PATRICIA M. HEALD  
JORDAN LEVY

ANTHONY MATULAITIS  
RICHARD J. SABATALO

## Chorus Group Activities Schedule

*Our choral group will sing on meeting days, following practice. If you'd like to attend one or more of the following outside programs, call ahead to check space availability.*

**Nov 1** 2:00 p.m. **Holden Rehab (508-829-1119)**  
**Wed.** 32 Mayo Drive, Holden

**Nov 8** 9:00 a.m. **Veterans' Day Selections at the Club**  
**Wed.** 2:00 p.m. **Blair House (508-791-5543)**  
116 Houghton Street, Worcester

**Nov 15** 7:30 a.m. **REHEARSAL Thanksgiving Selections**  
**Wed.** 9:00 a.m. **Thanksgiving Program at the Club**  
(No Sing-Out)

**Nov 22** 7:30 a.m. **Thanksgiving Eve: NO CLUB**

**Nov 29** 1:30 p.m. **Goddard House (508-753-4890)**  
**Wed.** 1199 Main Street, Worcester

**Dec 6** 7:30 a.m. **REHEARSAL Christmas Selections**  
**Wed.** 9:00 a.m. **Christmas Program at the Club**  
(No Sing-Out)

*Is there room for more in the chorus?  
Of course. Just speak up to a singer at a meeting or show-up  
at a Wednesday, 7:30 rehearsal. The more the merrier!*



Well it's been a long journey but we now have the OK from the Commonwealth of Massachusetts to conduct our club business as the:

**"Retired Friends Club of Greendale".**

### **What's Next?**

All women newsletter subscribers who have paid their subscription dues on 5/1/23 or later are now full fledged members and able to take advantage of all club activities and benefits.

Moving forward, we will eliminate the newsletter subscriber category. Anyone over 55 (man or woman) can now join the club.

This change of name and criteria for joining does not change anything about the club's mission that the founder envisioned 70+ years ago:

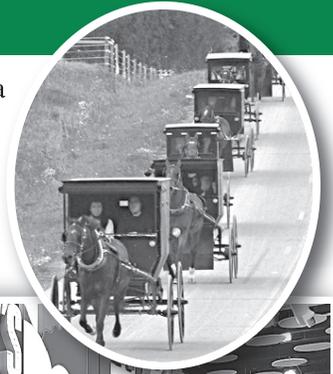
**To provide opportunities  
that encourage camaraderie  
and fellowship.**

Stay tuned for more details in the Dec newsletter.

## How Sweet It Is!



On October Third to the Fifth we traveled to Pennsylvania Dutch Country. We stayed at the Country Inn of Lancaster which was very quaint with Amish quilts on each bed. Our first musical was at the Dutch Apple Dinner Theater and the show was Jimmy Buffet's "Margaritaville". The show was great and all the top Jimmy Buffet's songs were



woven into the show. The buffet was delightful and all travelers were able to mingle with a margarita drink. The next day we had a tour around Lancaster with three stops in which we were able to mingle with the Amish Community and have the best pretzels in the state.

Sight and Sound Theater was the next stop to see the SHOW "MOSES". The show was spectacular with the stage scenery and props. The live animals and the way they did the parting of the sea was awe-inspiring.

Last but not least was the trip to "HERSHEY CHOCOLATE WORLD". We experienced the "Hershey Unwrapped" with a chocolate tasting show. We had a ride on the Hershey factory tour which showed how you make chocolate. Finally we had an hour to buy all the chocolate in Pennsylvania. HOW SWEET A TRIP IT WAS.



—Submitted by Jim & Beverly Hester

## Remembering Our Dear Friend Tom Cullinane - - A True GIANT !

The logo on the newsletter for "The Retired Friends of Greendale" reads On the Shoulders of Giants. **Tom Cullinane** is one of those Giants.



I use the present tense because even though his earthly body is no longer with us, his impact on all of our lives will live forever.

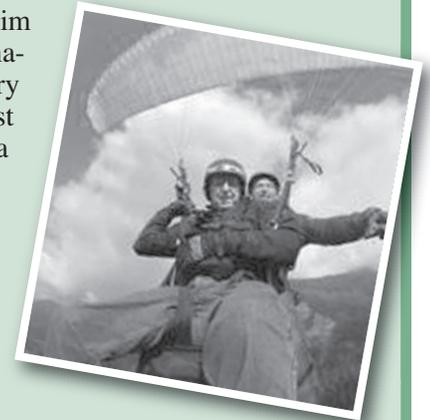
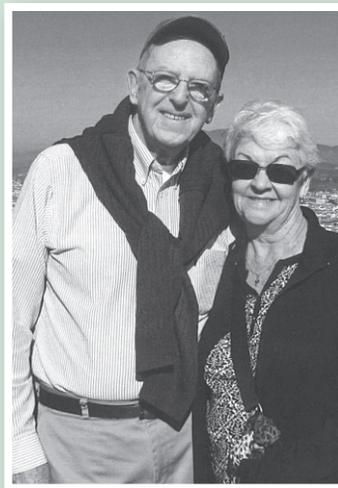
Many will remember Tom and Gail as gifted, sympathetic, and compassionate trip leaders to all parts of the world. They were legendary, as he showed the membership in his slide presentations at our YMCA meetings. We all felt as if we had been on the trips with them.

But, to me and so many more, Tom was so much more than that. He was not only a mentor, but a friend and confidant. As a College of the Holy Cross graduate, he embraced the credo of "Service towards others" both in his professional career in the health industry and in his personal and family life.

But it wasn't all about that. To see him interact over these past 20 years with each and

every member who came and asked him a question or was looking for information, was a revelation. He made every person feel like he or she was the most important person in the room. That is a very rare quality indeed.

Still, Tom had a great sense of humor and wasn't above poking fun at himself. The best example was probably "The Cullinane Song".



His impact on all our committees and rules and by-laws will stand as long as our organization stands. He is one of a kind and we won't ever forget not only his contributions but his attitude, congeniality, wisdom, and common sense. Tom, you will never be far from our thoughts. We will always say, "What would Tom Cullinane have thought we should do?" That is and always will be a really good thing. Rest in peace, Tom. You've certainly earned it.

—Respectively submitted by Paul R. Daley

## **Covid-19 Vaccination Policy**

The requirement for providing your trip leader a completed copy of your Covid-19 Vaccination Card showing at least one booster shot was lifted for all trips **ONLY** within the United States, Canada and Mexico, *originating after May 1, 2023*. There are still many International destinations that have special entry requirements including, but not limited to, proof of vaccination and PCR testing. Your Trip Leader will provide you individual International country requirements on a trip by trip basis. Thank you for your cooperation in providing us your information during the past two years.

\* Symbols, represent  
NEW TRIPS this month.

**Visit our website [rfcg.info](http://rfcg.info) for detailed flyers on most of our trips.**

### **Day & Overnight Trips For The Years 2023–2025**

#### **DAY TRIPS**

DESTINATION	DATES	F/SALE	PRICE	LEADER(S)	TELEPHONE
Boston Holiday Stocking Stuffer Tour	12/1/23	<i>Wait List</i>	\$146	Dick Pinkes	508-769-2913
Ladies' Christmas Party	12/5/23	NOW	\$22	Dick Pinkes	508-769-2913
Holiday Tour - <i>Delaney House, Yankee Candle &amp; Bright Nights</i>	12/7/23	<i>Wait List</i>	\$113	George Barry	508-799-0739
Friend's Christmas Party	12/13/23	10/18	\$5	Rick Ferguson	508-688-4427
New Year's Eve Day Dinner Dance - <i>Maironis Park</i>	12/31/23	NOW	\$80	Ralph Shapiro	413-537-2435
St. Patrick's Luncheon and Show - <i>Aqua Turf</i> <b><i>2nd Bus Added</i></b>	3/12/24	NOW	\$111	Dick Pinkes	508-769-2913
Daniel Webster Inn - <i>With the Heritage Museum &amp; Gardens</i>	5/21/24	NOW	\$126	George Barry	508-799-0739
* The Legends Live – The Songs you Love - <i>Aqua Turf</i>	8/13/24	NOW	\$122	George Barry	508-799-0739

#### **OVERNIGHT TRIPS**

White Mountain Hotel Christmas	11/27-29/23	<i>Wait List</i>	\$830	Dick Pinkes	508-769-2913
Savannah Southern Charm – <i>with Historic Charleston</i>	4/13-20/24	NOW	\$2,745	George Barry	508-799-0739
Canyons and Casinos	5/13-19/24	NOW	\$2,939	Dick Pinkes	508-769-2913
Upper Mississippi River – <i>Minnesota to St. Louis</i>	7/14-23/24	NOW	\$3,389 / 5,889	George Barry	508-799-0739
Poconos Escape	7/22-25/24	<i>Wait List</i>	\$1,079	Dick Pinkes	508-769-2913
Red Rocks of Sedona	9/15-20/24	<i>Wait List</i>	\$2,679	Dick Shea	508-853-2024
* Great Smoky Mountains – <i>with Gatlinburg &amp; Asheville</i>	9/24-10/2/24	NOW	\$3,048	Dick Pinkes	508-769-2913
Impressions of Italy – <i>The Amalfi Coast &amp; Tuscany</i>	10/19-11/3/24	NOW	\$5,095	Rick Ferguson	508-688-4427
* Exotic Repositioning Caribbean Cruise – <i>Tampa to Boston</i>	3/28-4/11/25	NOW	\$2,837 / 4,243	Dick Pinkes	508-769-2913
* Newfoundland, Greenland & Iceland Cruise	7/12-27/25	NOW	\$4,849 / 6,189	Dick Shea	508-853-2024

All prices quoted are per person (Double Occupancy) - Refunds will be made per printed club policy. The first sale date was originated to make it possible for all members to have an equal chance to get in on any and all trips. Detailed trip flyers are available at Wednesday meetings (or by telephone) from the designated trip leaders.

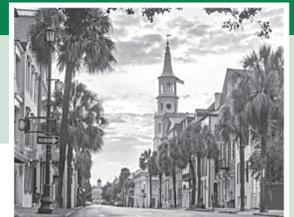
### **We Invite You to Attend the Following Trip Presentation**

**Tues., Nov. 14, 2023 - 1:00 PM at Immaculate Conception Church**  
353 Grove Street, Worcester (Parking in back) (The parish hall is in the basement of the church.)

#### **Savannah Southern Charm with Historic Charleston**

**April 13-20, 2024 – \$2,745 per person**

We will travel on a fully equipped motorcoach to Virginia for our first night in Fredericksburg, then arrive on day 2 at the Pearl of the South — Savannah. We will be led by a full-time Escort and have great guides to explain our adventure. With a variety of activities such as Boone Hall Plantation, Middleton Place and Fort Sumpter you can not go wrong. At the Savannah River Port we will board a Paddlewheel Steamer and enjoy a lovely lunch as we cruise upriver with stories of local characters. There are many more activities that we will list at the presentation. A farewell dinner cruise with entertainment on the 'Spirit of Carolina'. Your price includes great hotels, meals and admissions to attractions as well as gratuities.



Please contact Trip Leader George Barry at [\(508\) 799-0739](tel:5087990739) or [george.barry77@yahoo.com](mailto:george.barry77@yahoo.com) to let him know you plan to attend.

## Trip Descriptions

### NEW YEAR'S EVE DAY DINNER DANCE

NEW

December 31, 2023 (Sunday) ..... \$80 pp

**Highlights:** Come celebrate New Year's Eve at Maironis Park in Shrewsbury. Enjoy a buffet dinner and dance to the music of the D.B. Orchestra. **Doors open @ 1 PM** and dancing until 6 PM.

ONLY 30 TICKETS AVAILABLE.

**Trip Leader:** Ralph Shapiro ..... 413-537-2435  
ralphvshapiro@msn.com

### LEGENDS LIVE – THE SONGS YOU LOVE

NEW

AQUA TURF CLUB

August 13, 2024 (Tuesday) ..... \$122 pp

**Highlights:** We will travel by luxury, fully equipped coach to the Aqua Turf Club in Plantsville, CT. Our entertainment features Joe Saimeri and Ethel Lee and Peter Annone who bring great music to life. Dance or just listen to tunes from Frank Sinatra, Kenny Rogers and Tim McGraw to Dionne Warwick, Dianna Ross, and Roberta Flack. You'll remember every second of this powerful tribute to these world-renowned entertainers. It is truly a musical journey throughout the decades. The Aqua Turf's family style luncheon includes fresh field green salad, delicious baked cod and chicken marsala with vegetables, rolls and butter. Enjoy a complimentary glass of wine or beer as well as coffee/tea and dessert. You cannot go wrong; your price includes everything. Tell your friends about this great afternoon of entertainment and camaraderie. You'll return home with your friends around 5:00 pm after a fun filled day. **PLEASE NOTE: We printed the wrong highlights in the October 2023 Newsletter for this trip.**

**Parking:** Immaculate Conception Church Lot

**Trip Leader:** George Barry ..... 508-799-0739  
george.barry77@yahoo.com

### GREAT SMOKY MOUNTAINS

NEW

with GAITLINBURG, TN and ASHEVILLE, NC

September 24 to October 2, 2024 ..... \$3,048 pp

**Highlights:** On this fantastic trip we'll spend one night in Strasburg, VA each way (break up drive), 3 nights in Pigeon Forge, and 3 nights in Asheville, NC. We will attend the Comedy Barn Theater Show, Guided visit of Smoky Mountain National Park, a Train Ride w/lunch on the Great Smoky Mountain Railroad, free time for shopping and fun in Gatlinburg and a full day of Shows, Rides and entertainment at Dollywood. One night we'll attend the hilarious Hatfield and McCoy Dinner Show and another night take in dinner and a show at the Blue Ridge Mountain Opry. We'll have a guided tour of historic Ashville, NC. There will also be a scenic Fall drive along the Blue Ridge Mountain Parkway and take an epic elevator ride to the top of Chimney Rock State Park. There will be a full day at the Biltmore Estate with a wireless guided tour of the Mansion, gardens and grounds, including a wine tasting followed by lunch at the Estate. Be sure to pick-up or email Dick at [rjpinkes1@verizon.net](mailto:rjpinkes1@verizon.net) to get a flyer and reservation form to see all the details of the trip. Your price included a Full Time Escort/Tour Guide, all taxes and gratuities, and luggage handling of 1 bag per person. This nice Fall trip is sure to fill up quickly so sign up early. There will be a trip presentation in Dec 2023 or Jan 2024.

**Parking:** Maironis Park

**Trip Leader:** Dick Pinkes ..... 508-769-2913

### NEWFOUNDLAND, GREENLAND & ICELAND — Norwegian Star Cruise

NEW

July 12 to 27, 2025 ..... \$4,849 / \$6,289 pp

**Highlights:** Explore dramatic scenery and natural wonders on this North Atlantic cruise. Enjoy **four free perks** onboard (or 2 for inside cabin), including the **Ultimate Beverage Package** (free drinks), Specialty Dining (2 or 3 dinners), Free Wifi (250 minutes) and Discounted Shore Excursions (\$50 off per excursion per cabin). We'll motorcoach to New York to board the Norwegian Star and enjoy a relaxing day at sea before docking in **Halifax**, Nova Scotia's capital. We dock next in **St. John, Newfoundland**, Canada's oldest city, combining small town charm and big city culture. Then it's off to **Nuuk**, Greenland's capital at the mouth of an expansive fjord. Discover friendly boutiques, vibrant cafes and a fjord system populated by whales, seals, walrus and more. From Nuuk we will visit ports in **Greenland** that have been inhabited for nearly 4,000 years & known for outdoor adventure, birding and wildlife tours, Norse ruins and hot springs. Then we're off to **Iceland** and its amazing natural wonders. First is **Akureyri**, nestled along a breathtaking fjord and the center of Iceland's folk culture. Next is **Isafjordur** with its mountainous landscape and 15th century historic sites. Finally, we dock in **Reykjavik** with its stunning terrain, hot springs, lava flows and flourishing music and restaurant scene that rivals any in Europe. Here we disembark our cruise ship and meet our local guide for a scenic tour of the region before checking into our 4-star hotel where we'll enjoy a 3-course dinner. Following breakfast the next morning we depart our hotel for further touring, ending at the **Blue Lagoon** – a geothermal pool where we can relax and rejuvenate in the hot natural baths. Afterwards we depart for Reykjavik Airport for our non-stop return to Boston.

**Parking:** Maironis Park

**Trip Leader:** Dick Shea ..... 508-853-2024  
d.shea@verizon.net

### EXOTIC REPOSITIONING CARIBBEAN CRUISE

NEW

TAMPA TO BOSTON

March 28 to April 11, 2025 ..... \$2,837 / \$4,243 pp

**Highlights:** Your Dream Vacation is waiting aboard the Norwegian Jewel. We'll fly one way to Tampa and stay 2 nights on Clearwater Beach at the Holiday Inn & Suites. We'll visit historic Ybor City and an Eco-Wildlife boat tour along with 3 meals. On day three we board our cruise ship in Tampa for our 12-night Caribbean Cruise. We'll visit the island of Cozumel, Mexico with its Mayan treasures. Our next port is Grand Caymen Island where you can swim with dolphins and rays. From there we travel to the ABC islands – Aruba, Bonaire, and Curacao. Our last port – Punta Cana - offers one of the world's largest beaches, golf, cigars and rum. We then spend three quite relaxing days at sea as we return Boston. Your price includes airfare and all transfers. 2 nights stay in Clearwater Beach with 3 meals and touring, 12 night cruise, and all port and departure charges. It includes all meals on the ship, 4 free perks (2 for inside cabin) activities and entertainment aboard ship. ALL taxes and gratuities. It also includes portage of 1 bag per person and Trip Protection Insurance. This early Spring trip is sure to fill up quickly so sign up early. Email Dick at [rjpinkes1@verizon.net](mailto:rjpinkes1@verizon.net) to get a flyer and reservation form. There will be a trip presentation at a date TBA in Dec 2023 or Jan 2024.

**Parking:** Maironis Park

**Trip Leader:** Dick Pinkes ..... 508-769-2913

**The Retired Men's Club  
of Greendale, Inc.**  
Greendale Y. M. C. A.  
75 Shore Drive  
Worcester, MA 01605

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Worcester, MA  
Permit No. 46

Check out our **NEW Website:** [rfcg.info](http://rfcg.info)

### TUESDAY Bowling League – As of October 17, 2023

**BAYBERRY LANES** ..... 326 Main Street, Spencer  
Coordinators: **Jim Connolly, Bob Converse, Dave Meyers** .... woostatown28@charter.net

Place	Team	Captain & Team Member
1	#4	<b>Gerard Piscitelli</b> , Steve Gully, Mike Karlon
2	#2	<b>Joe Dooley II</b> , Pam Masshardt, George Calimeris, Dennis Laporte
TIE 3	#3	<b>Dave Meyers</b> , John McIntyre, Paul Prince, Bill Prince
3	#10	<b>Ken Miller</b> , Dave Catalozzi, Don Bocian, Jerry Stanley
HA	Joe Dooley II 95, Dave Meyers 95, Frank Fisci 94	
HIT	Joe Dooley II 310, Don Fair 306, Bill Plante 289	
HIS	Joe Dooley II 127, Jim Connolly 123, Don Fair 118	

### It's Renewal Season

Fall is the time of year that we ask our members (who are not Life Members) to pay their **Annual \$10 Renewal Dues**. If you have not already done so for this 2023-2024 year, please renew ASAP so that we don't have to mail you a reminder postcard. The grace period ends mid December at which time unpaid members will be purged. You can renew either by mail or in person (at a Wed meeting). **See Remittance Form below.**



### RFCG Remittance Form for New Members, Renewals & Life Members

#### Dues For NEW Members (Men & Women - Age 55 & Over)

- ANNUAL = \$10/yr  
or  
 FOR LIFE = \$100/life-membership
- Pay at any meeting.
  - If not possible, mail form, check and a **pre-addressed postage-paid envelope** to: RFCG  
YMCA - 75 Shore Drive  
Worcester MA 01605

#### RENEWAL Dues (For Current Members)

- ANNUAL = \$10/yr  
or  
 FOR LIFE = \$100/life-membership
- Pay at any meeting.
  - If not possible, mail form, check and a **pre-addressed postage-paid envelope AND prior Year's Membership Card** to: RFCG  
YMCA - 75 Shore Drive  
Worcester MA 01605

### Electronic Communications

#### Have you been getting our weekly Emails?



Each week we send out a simple program reminder email to about 1,000 of our members who have given us their email address. If you have not been receiving those emails please send an email to: [myRFCG@gmail.com](mailto:myRFCG@gmail.com) and indicate that you would like to receive emails from RFCG.

#### Would you like to get your Newsletter by Email?



If you choose to receive your newsletter by email, you would be able to read it a week earlier than the print version. Plus you would be saving the club money that could be used to support other activities. If interested, please send us an email at [myRFCG@gmail.com](mailto:myRFCG@gmail.com) indicating that you would like to receive your Newsletter by email instead of print version.

### 26th Annual Ladies' Christmas Party

Our Twenty-sixth Annual Ladies Christmas Party will be at **Manor Restaurant** in West Boylston on **Tuesday, December 5, 2023**. Please plan to kick-off the Christmas Season with the woman in your life at this wonderful event.



We'll start with a Social Hour+ at 11:00 AM and dinner at 12:45 PM. Your choice of Queen Cut Prime Rib, Baked Haddock or Baked Stuffed Chicken. Dan Mackowiak & Friends will be providing us with dance music and music of the Christmas Season.

Tickets are \$22 per person and are on sale NOW at any of our regular meetings until 11/15/23. Mail order tickets will be accepted until 11/22/23. A maximum of 260 tickets will be sold so sign up quickly. **See Dick Pinkes, or call him at (508) 769-2913**

#### PLEASE SUBMIT FOLLOWING INFORMATION

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY - STATE - ZIP \_\_\_\_\_  
TELEPHONE \_\_\_\_\_  
EMAIL \_\_\_\_\_  
DATE OF BIRTH \_\_\_\_\_  
RETIRED FROM \_\_\_\_\_  
OCCUPATION \_\_\_\_\_ VETERAN   
REFERRED BY \_\_\_\_\_